

At HIV/AIDS Resources and Community Health (ARCH), we dream of a time and place where everyone is free to live healthy, vital lives.

To achieve this vision, we provide programs, services, education and support to people living with and affected by HIV and AIDS in Guelph, Wellington County, Dufferin, and Grey-Bruce.

If you or someone you know is affected by HIV/AIDS, we can help.

For additional information about the programs and services we offer, or how you can become involved, visit our website at archguelph.ca or call us at 519-763-2255.



Unit 115 – 89 Dawson Rd Guelph, ON N1H 1B1 519-763-2255 1-800-282-4505 519-763-8125 (fax) archquelph.ca



**Support Services** – Provides counselling and practical support, complementary therapy, benefits advocacy, workshops, support & social groups, treatment information and referrals.

**Education** – Provides accurate and timely information about HIV and AIDS and other sexually transmitted/blood born diseases through a variety of resources including workshops and community outreach.

Harm Reduction and Outreach – Harm reduction tools and strategies through the Stay Sharp Needle Distribution Program, counselling, practical support and education for safer sex and safer drug use information.

**ARCH Clinic** – Community-based outpatient clinic offering effective and compassionate care and treatment for people living with HIV/AIDS.

All programs and services provided by ARCH are completely confidential and free of charge.

**Funded by:** Ontario Ministry of Health; Public Health Agency of Canada, The United Way; Private & Corporate Donations. Charitable Status: BN 106689821 RR0001





## **Support Services Program**

The Support Program is designed to provide confidential counselling and practical support to individuals and families who are affected by or at risk of HIV/AIDS.

If you are a person living with HIV/AIDS or are concerned about someone who is, our services may be helpful to you. We believe that people living with HIV/AIDS deserve compassionate support and accurate information to assist them in making informed choices in managing their own health.

It is our belief that appropriate social and emotional support will increase feelings of well-being.

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**Counselling -** Safe, non-judgmental, caring and confidential environment offering a continuum of counselling services.

**Practical Support -** Includes limited emergency financial assistance, volunteer drive program to medical appointments, home and hospital visits, access to medications and vitamins, and food youchers.

**Complementary Therapies -** A range of different therapies.

**Benefits Counselling and Advocacy** - Assist and advocate for people in accessing government services.

**Treatment Information -** We help facilitate access to current treatment information.

**Social Supports -** A variety of therapeutic and non-therapeutic groups are available.

**Referrals -** Ensure you receive the best possible care, we will match you to the most appropriate community service(s).

Pease visit our website or give us a call to see new and current programs currently being offered.

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Our clinic is client and family-centered and emphasizes a continuum of care. Clinic staff help people living with HIV/AIDS address the many complex health and social/emotional needs they face.

Services are coordinated with other health and social service agencies.

Clinic Services are integrated and coordinated with HIV/AIDS Resources and Community Health (ARCH) and the AIDS Committee of Cambridge, Kitchener, Waterloo and Area (ACCKWA).

The ARCH Clinic is a community-based outpatient clinic offering effective and compassionate care and treatment for people living with HIV/AIDS.



**CARE & TREATMENT** 

Unit 113 – 89 Dawson Rd Guelph, ON N1H 1B1 519-780-5298 1-877-780-5298 519-780-5060 (fax) archquelph.ca



## **Services Available**

- Physician services for scheduled appointments
- Nurse on staff to assist the physicians and can be contacted during clinic hours when a physician is not available
- Laboratory Services and Pharmacist Consultations
- Support and Counselling Services
- Education and Information
- Consultations for Health Professionals
- Vaccinations

## **Referrals**

Anyone who is HIV positive or thinks they have been exposed to the HIV virus may be referred to the clinic.

Referrals can be made by anyone, we also accept self-referrals.

HIV/AIDS testing is done on Wednesdays from 1:30 to 3:30, through the Guelph Public Health Unit at the offices of HIV/AIDS Resources and Community Health.

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